

# Jefferson Times

Alyssa Wooten, Principal  
Lauren Beith, Secretary  
Michele Vinyard, Clerk

March 27, 2017

Dear Jefferson Families,

Recently one of our school leadership teams has been having discussions around having difficult conversations. It made me think about how hard it can be to have those difficult conversations. Our students are exposed to much more than we can imagine... from peers, television, through technology, etc. I read an article from [ahaparenting.com](http://ahaparenting.com) that gave some advice when starting these conversations. Furthermore, the question is, how can you master the art of tough conversations? They recommend these following steps;

1. Don't take it personally
2. Manage your own feelings and behavior
3. Always start the conversation by acknowledging your child's position
4. Extend respect
5. Reconnect with your love and empathy for your child
6. Keep the conversations safe for everyone
7. Try hard to avoid making your child defensive
8. Summon your sense of humor
9. Remember that expressing anger just makes you more angry
10. Hold the intention that working through a conflict in a way that meets everyone's needs can actually bring you closer to your child.

This is an article worth reading. Go to [www.ahaparenting.com/parenting-tools/communication/conversation-kids](http://www.ahaparenting.com/parenting-tools/communication/conversation-kids) for more information.

## Upcoming school events ~

**Book Fair ~** Tuesday, March 28 – Thursday, March 30. Family Night on Wednesday, March 29<sup>th</sup> from 5:30 – 7:00pm in the library. Students will have scheduled time during the school day to shop the book fair. Also, the fair will be open for students before school, during break and lunch, and after school.

**Open House ~** Wednesday, March 29<sup>th</sup>. Band plays from 5:30 – 6:00 in the gym; classrooms open from 6:00 – 7:00pm. Come out and support the staff and students by attending our Open House. Student work will be on display and this is a great opportunity to view the classrooms for next year as well. Mr. Fern will also have his Wax Museum set up in the cafeteria from 5:30 – 6:00. If you have not seen this exhibit in the past, it is a must see. Our students become historical wax figures and have knowledge about their influence in history!

Thank you for your continued support, communication, and taking the time to read the Jefferson newsletter. Feel free to contact me at any time at [awooten@sjcoe.net](mailto:awooten@sjcoe.net) or (209) 835-3053 with any questions, comments, or suggestions.

Alyssa Wooten

Principal

### **~ MJPFA NEWS & INFORMATION ~**

**PIZZA NIGHT!** Open House is pizza night at Jefferson!

Stop by and feed the family before open house on March 29th. Costco pizza, drinks and cookies will be served from 5pm-5:45pm on campus. Slices are limited so don't be late! \$5 = one slice pizza + drink, \$1 cookie, \$1 drinks.

THANK YOU! The MJPFA is so happy we are able to contribute \$200 in gift card rewards to the new CREED program at Jefferson. We certainly could not contribute to great programs like CREED without you! Thank you for your continued support!

### **MJPFA TREASURER NEEDED!**

Looking for a way to support Jefferson school and play an active role in your child's education? Become an MJPFA board member!

We are currently in need of a Treasurer for the 2017-2018 school year. While a financial or accounting background is desired, it is not a requirement. Training and assistance will be given to the new Treasurer, as current Treasurer will still be working with the new board member in an assisting role. Contact Alexis at [alexis.imperial@gmail.com](mailto:alexis.imperial@gmail.com) by 4/13 if you are interested.

**\*NEW!\* MJPFA SUPPORT:** Unsure about taking on a full-time board role but still want to work with the board and have a voice in planning fundraising events, ways to support teachers/staff, and how to spend funds? Get your feet wet as an Assistant Jefferson VP or Assistant Secretary. Work closely together with board members with less time commitment and responsibility, but with the same positive impact. These are supporting titled positions only, and not elected positions.

If you are interested in the titled support roles, attend the elections meeting to sign up contact Alexis at the email above. The election meeting will be held on 4/27 at 2:15pm in Room 14 at Monticello.

**UPDATE ON TB TESTING PROCESS** A nurse has to administer the risk assessment questionnaire in person. Our district nurse (Tina), will be available the last Wednesday of every month from 3-4pm in the student services office. Anyone needing a TB test can drop in during that time for her to administer the questionnaire. Please come in when you get your first reminder 3 months before it expires, so that you have enough time to obtain a test should you not pass the questionnaire. The dates will be: **March 29, April 26, May 24**

**~ BOYS BASKETBALL SCHEDULE ~**

**PRACTICE ARE SUBJECT TO CHANGE**

<b>Monday, 3/27</b>	<b>Tuesday, 3/28</b>	<b>Wednesday, 3/29</b>	<b>Thursday, 3/30</b>
<b><u>Practice</u></b>	<b><u>Games</u></b>	<b><u>Practice</u></b>	<b><u>Games</u></b>
3:30 - 8th Pease 4:30 - 7th Bloomfield 5:30 - 5th Garza 6:30 - 6th Silva	3:45 - 5th @ Poet 6 4:45 - 7th @ Poet 7  <b><u>Practice</u></b> 3:15 - 8th Pease 6:15 - 6th Silva	3:15 - 8th Pease 5:15 - 7th Bloomfield 6:15 - 6th Silva	3:45 - 6th home vs. Poet 6 4:45 - 8th home vs. Poet 7

**Jefferson School District is currently hiring substitute custodians.**

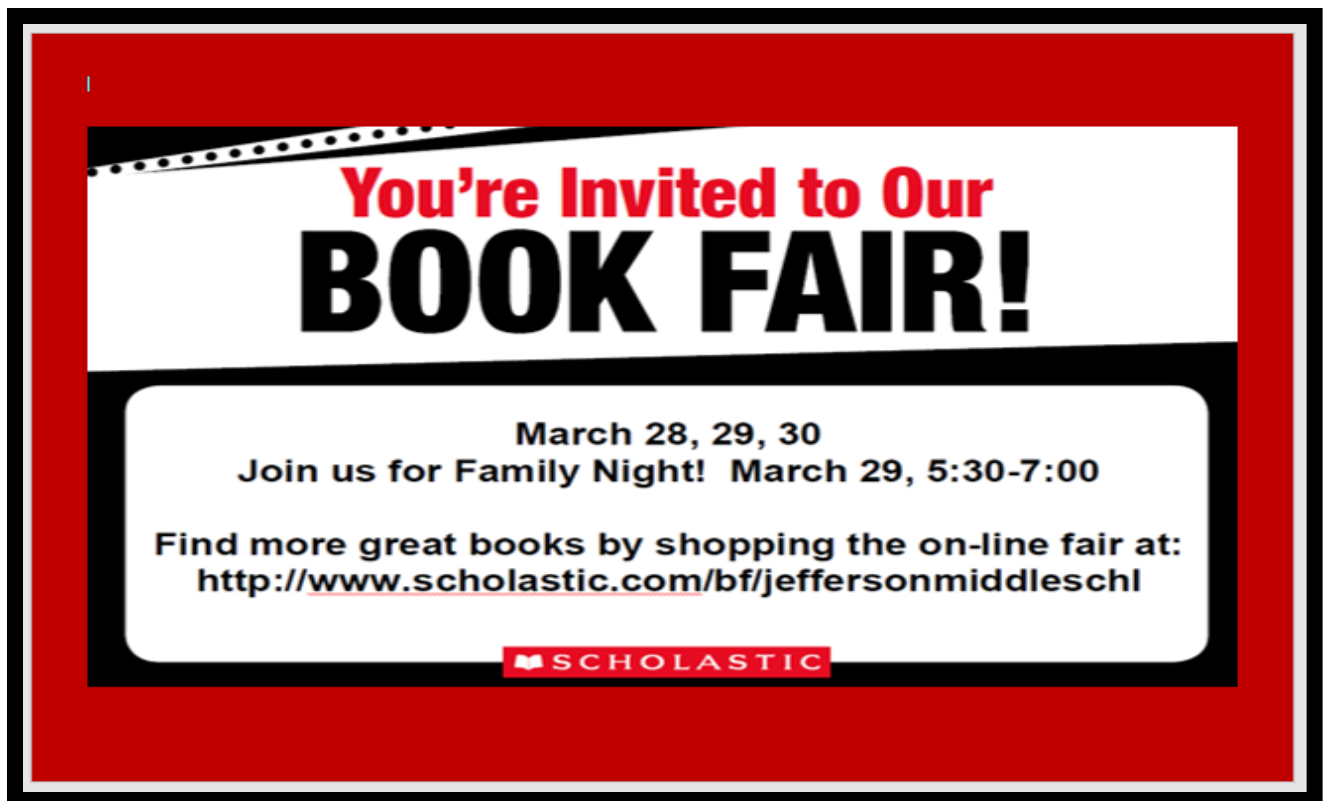
If you are interested, please apply at the following link.

**<https://www.edjoin.org/Home/JobPosting/893702>**

Jefferson School District is looking for Spanish, Farsi or Urdu Translators for Parent/Teacher Meetings, IEPs, etc. If you are interested, please call Rhonda Saia at the District Office at (209) 836-3388. This is an on call position that pays \$12.00 dollars an hour.

**The Scholastic Book Fair** is headed our way! It will be at our school March 28<sup>th</sup> 29<sup>th</sup>, & 30<sup>th</sup>. Visit the library for all the great titles!


Love to volunteer? We need you at the book fair! Please contact Mrs. Robertson (835-3053 ext.1150) if you are able to help.

A graphic invitation for a Scholastic Book Fair. It features a red background with a white central area. The text is in bold, black and red fonts. At the bottom, there is a red bar with the Scholastic logo and the word 'SCHOLASTIC' in white.

**You're Invited to Our**  
**BOOK FAIR!**

March 28, 29, 30  
Join us for Family Night! March 29, 5:30-7:00

Find more great books by shopping the on-line fair at:  
<http://www.scholastic.com/bf/jeffersonmiddleschl>

 **SCHOLASTIC**



**Come enjoy dinner before  
Open House on March 29!**

The MJFPA will be selling pizza,  
drinks & cookies on campus from  
5-5:45pm. Slices are limited so  
don't be late!

**\$5** Costco slice + drink

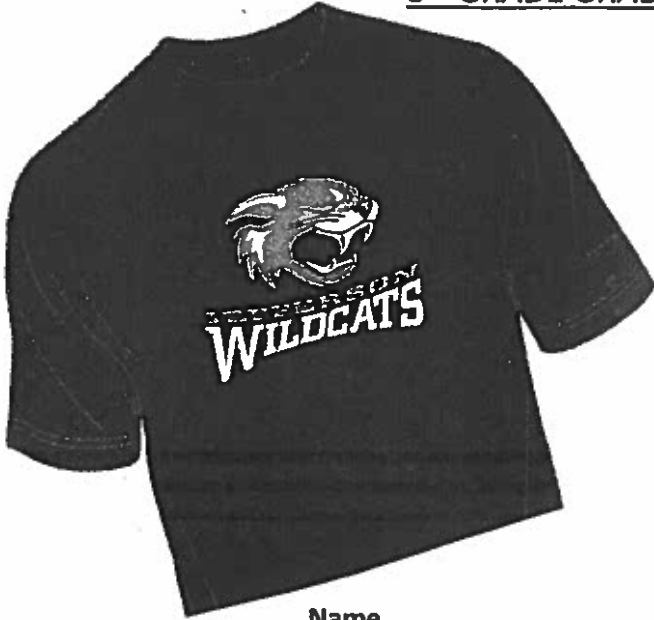
**\$1** Costco Cookie

**\$1** Water, Soda, Capri-Sun

FRONT

**8<sup>TH</sup> GRADE GRADUATION T-SHIRTS 2017!**

BACK



Name \_\_\_\_\_

Phone number \_\_\_\_\_

Email \_\_\_\_\_

Teacher \_\_\_\_\_

**DUE BY MARCH 31**

**YOUTH Size** \_\_\_\_\_ **S**      **M**      **L**      **XL**

**T-Shirt \$13.00**

\_\_\_\_\_

**Youth Hooded Sweatshirt \$20.00**

\_\_\_\_\_

**Adult Size** \_\_\_\_\_ **S**      **M**      **L**      **XL**      **XXL**

**T-shirt 13.00**

\_\_\_\_\_

**Adult Hooded Sweatshirt \$20.00**

\_\_\_\_\_

**Sub Total** \_\_\_\_\_

***NO EXCHANGES OR RETURNS ON SIZES PLEASE ORDER ACCORDINGLY***

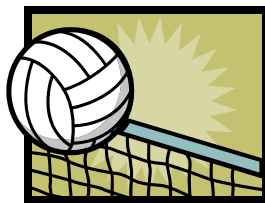
Any questions please contact Jennifer Zreik

[Zreikh@aol.com](mailto:Zreikh@aol.com)

Thank you!



**Girls' & Boys' Waterpolo**



**Volleyball**



**Football**

# Tracy High Freshman Sports Orientation Night

[www.tracyhighsports.com](http://www.tracyhighsports.com)

There will be an informational open house for incoming Tracy High School Freshmen who are interested in trying out for Sports for the 2017-18 season. Come and join us!

Don't miss out!

**WHEN: Monday, April 10, 2017**

**WHERE: Tracy High School Cafeteria**

**TIME: 6:30 pm**



**Girls' Golf**



**Cross Country**



**Girls' Tennis**



# HEALTH CARE FOR ALL FAMILIES

A PROJECT OF THE CHILDREN'S PARTNERSHIP

## Enroll. Get Care. Renew. Health Coverage All Year Long

### Health Coverage Options

#### Medi-Cal:

- ▶ Children, foster youth, pregnant women, adults, US citizens, and immigrants—including those with DACA status—may be eligible for no- or low-cost Medi-Cal.
- ▶ Medi-Cal covers immunizations, checkups, specialists, vision and dental services, and more for children and youth at no- or low-cost.
- ▶ Medi-Cal enrollment is available year-round.

#### Covered California:

- ▶ Covered California is where legal residents of California can compare quality health plans and choose the one that works best for them.
- ▶ Based on income and family size, many Californians may qualify for financial assistance.
- ▶ Enroll during Open Enrollment or any time you experience a life-changing event, like losing your job or having a baby. You have 60 days from the event to complete enrollment.

**! Undocumented Families** visit: [www.allinforhealth.org/undocumented](http://www.allinforhealth.org/undocumented)  
*Immigration status information is kept private, protected, and secure. It will not be used by any immigration agency to enforce immigration laws, but only to determine eligibility for health programs.*

#### You and your family may qualify for financial help:

Household Size	If 2015 household income is less than...		If 2015 household income is between...
	\$16,243	\$31,309	\$16,106 – \$46,680
1	\$16,243	\$31,309	\$16,106 – \$46,680
2	\$21,984	\$42,374	\$21,709 – \$62,920
3	\$27,725	\$53,440	\$27,312 – \$79,160
4	\$33,465	\$64,505	\$32,914 – \$95,400
5	\$39,206	\$75,571	\$38,517 – \$111,640
6	\$44,947	\$86,637	\$44,120 – \$127,880
▶	Adults may be eligible for <b>Medi-Cal</b>	Children may be eligible for <b>Medi-Cal</b>	May be eligible for financial help to purchase insurance through <b>Covered California</b>

*Income-eligible undocumented children will qualify for Medi-Cal beginning May 2016.*

### Enroll.

Three ways to enroll in Medi-Cal and Covered California:

- [www.coveredca.com](http://www.coveredca.com)  
1(800) 300-1506
- Find in-person help:  
[www.coveredca.com/get-help/local/](http://www.coveredca.com/get-help/local/)

### Get Care.

- ▶ Find a primary care doctor in your network.
- ▶ Schedule an annual checkup for you and your family.
- ▶ Make sure to take your child to the dentist.
- ▶ Pay your monthly premium if your plan requires it.

### Renew.

- ▶ Medi-Cal must be renewed every year. Medi-Cal will mail renewal packet. Complete and return. For help, contact your local Medi-Cal office or call 211.
- ▶ Health plans through Covered California must be renewed every year. Renewal information will be mailed at the end of the year, or contact Covered California at 1 (800) 300-1506.

For more information go to:  
[www.allinforhealth.org](http://www.allinforhealth.org)

August 2015







# Asegúrate, para el bienestar de tu familia

UN PROYECTO DE "THE CHILDREN'S PARTNERSHIP"

## Inscríbese. Cuide Su Salud. Renueve Su Cobertura. Cobertura de salud durante todo el año

### Sus Opciones de Cobertura de Salud

#### Medi-Cal:

- ▶ Niños, jóvenes en hogares de crianza, mujeres embarazadas, adultos, ciudadanos de los Estados Unidos, e inmigrantes incluyendo personas con el estatus de Acción Diferida (DACA)—podrían ser elegibles para Medi-Cal gratis o a bajo costo.
- ▶ Medi-Cal proporciona vacunas, visitas al doctor de prevención, especialista, oculista y servicios dentales para niños y jóvenes gratis o a bajo costo.
- ▶ Inscripción al programa de Medi-Cal está disponible todo el año.

#### Covered California:

- ▶ Covered California es donde los residentes legales de California pueden comparar planes de salud de alta calidad y elegir el que les conviene.
- ▶ Dependiendo de los ingresos y el tamaño de la familia, muchos Californianos también podrían calificarán para obtener ayuda financiera.
- ▶ Inscríbese durante la Inscripción Abierta o en cualquier momento durante el año que a tenido un evento calificado de vida, como si perdió su trabajo o tuvo un bebé. Tienen 60 días del evento para inscribirse.

**!** Para familias indocumentadas visiten: [www.allinforhealth.org/undocumented](http://www.allinforhealth.org/undocumented)  
 Su información de inmigración es confidencial, protegida, y segura. Su información no se usará para fines de control de inmigración. Solo se usará para determinar la elegibilidad para cobertura médica.

#### Usted y su familia podrían calificar para asistencia financiera:

Tamaño de la familia	Si el ingreso familiar en 2015 es menos de...		Si el ingreso familiar en 2015 es entre...
1	\$16,243	\$31,309	\$16,106 – \$46,680
2	\$21,984	\$42,374	\$21,709 – \$62,920
3	\$27,725	\$53,440	\$27,312 – \$79,160
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▶	Adultos podrían calificar para <b>Medi-Cal</b>	Niños podrían calificar para <b>Medi-Cal</b>	Podrías calificar para asistencia financiera en la compra de un seguro a través de <b>Covered California</b>

Niños indocumentados, dependiendo de los ingresos familiares, calificarán para Medi-Cal comenzando en mayo del 2016.

### Inscríbese.

Tres maneras para inscribirse con Medi-Cal y Covered California:

- [www.coveredca.com/espanol/](http://www.coveredca.com/espanol/)
- 1(800) 300-0213
- Ayuda en persona: [www.coveredca.com/espanol/get-help/local/](http://www.coveredca.com/espanol/get-help/local/)

### Cuide Su Salud.

- ▶ Elija su doctor de su red medica.
- ▶ Haga sus citas anuales con su doctor para usted y su familia.
- ▶ Asegúrese de llevar a su hijo(s) al dentista.
- ▶ Si su plan lo requiere, haga su pago mensual.

### Renueve Su Cobertura.

- ▶ El seguro de Medi-Cal debe ser renovado cada año. Medi-Cal le enviará por correo su paquete de renovación. Complete y regrese el paquete. Para ayuda, contacte su oficina de Medi-Cal o marque 211.
- ▶ Los planes de salud a través de Covered California se deben renovar cada año. La información para renovar se le enviara a finales de año o contacte a Covered California al 1 (800) 300-0213.

Para más información visite:  
[www.allinforhealth.org](http://www.allinforhealth.org)  
[www.asegurate.com](http://www.asegurate.com)

Agosto 2015

